

## STUDY PLANS & A-Z UNIT LISTING OF UNITS OFFERED IN TERM 1

### > CERTIFICATE IN TRADITIONAL COUNSELLING CONCEPTS - NEW! 1 year study plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Introduction to Counselling Principles</li> </ul>	<ul style="list-style-type: none"> <li>Client Communications with a Counselling Framework</li> <li>Common Counselling Theories and Therapies</li> </ul>	<ul style="list-style-type: none"> <li>Provide Support with Grief and Loss</li> <li>Client Support in Relationship Issues</li> </ul>

Introduction to Counselling Practices	\$525
<b>Saturday</b>	10.00am - 3.00pm Intensive
COU017SAT	18, 25 Mar, 1 & 8 Apr

### > CERTIFICATE IN COACHING THEORIES 1 year part-time study plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Introduction To The World Of Coaching</li> <li>Core Coaching Skills</li> </ul>	<ul style="list-style-type: none"> <li>Creating Awareness and Transformation</li> </ul>	<ul style="list-style-type: none"> <li>The Coaching Relationship</li> </ul>

Core Coaching Skills	\$680
<b>Thursday</b>	5.30pm - 9.30pm 4hr classes
COA002THU	16 Feb, 2, 16, 30 Mar, 20 Apr & 4 May

Introduction to the World Of Coaching	\$620
<b>Sat &amp; Sun</b>	9.00am - 5.00pm Intensive
COA001SAT	18, 25 & 26 Feb

### > DIPLOMA OF TRANSPERSONAL COACHING 4 term part-time study plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Introduction To The World Of Coaching</li> <li>Core Coaching Skills</li> <li>Coaching Presence</li> </ul>	<ul style="list-style-type: none"> <li>Creating Awareness and Transformation</li> <li>Coaching in Practice 1 - The Transformational Process</li> <li>Basic Marketing for Coaches</li> </ul>	<ul style="list-style-type: none"> <li>The Coaching Relationship</li> <li>Advanced Coaching Skills and Tools</li> <li>Coaching in Practice 2 - The Transpersonal Approach</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>Transformation in the Workplace</li> <li>Building Your Coaching Specialty</li> <li>Coaching Integration - The Transpersonal Approach</li> </ul>		

If you're new to Coaching please choose units from study period 1

Building Your Coaching Specialty	\$680
<b>Saturday</b>	9.00am - 5.00pm Intensive
COA011SAT	4 Mar, 8 Apr & 13 May

Coaching Presence	\$680
<b>Saturday</b>	9.00am - 5.00pm Intensive
COA003SAT	11 Mar, 1 & 22 Apr

Introduction to the World Of Coaching	\$620
<b>Sat &amp; Sun</b>	9.00am - 5.00pm Intensive
COA001SAT	18, 25 & 26 Feb

Coaching Integration - The Transpersonal Approach	\$1,195
<b>Thursday</b>	5.30pm - 9.30pm 4hr classes
COA012THU	23 Feb, 9, 23 Mar, 6, 27 Apr & 11 May

Core Coaching Skills	\$680
<b>Thursday</b>	5.30pm - 9.30pm 4hr classes
COA002THU	16 Feb, 2, 16, 30 Mar, 20 Apr & 4 May

Transformation in the Workplace	\$680
<b>Sat &amp; Sun</b>	9.00am - 5.00pm Intensive
COA010SAT	18 Feb, 25 & 26 Mar

## > PROFESSIONAL CERTIFICATE IN FOOD & NUTRITION COACHING

	Study Period 1	Study Period 2
Year 1	<ul style="list-style-type: none"> <li>• Food Fundamentals</li> <li>• The Psychology of Food</li> <li>• The Successful Wellness Coach</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to Nutrition</li> <li>• Nutrition for Adolescents</li> <li>• Wellness Coaching in Practice</li> </ul>

Food Fundamentals		\$595
<b>Monday</b>	10.00am - 2.00pm	5 weeks
NUT002MON		20 Mar - 1 May
<b>Wednesday</b>	6.00pm - 8.00pm	10 weeks
NUT002WED		15 Feb - 26 April
<b>Distance</b>		10 weeks
NUT002DL		13 Feb - 30 Apr

Introduction To Nutrition		\$495
<b>Monday</b>	10.00am - 2.00pm	5 weeks
NUT001MON		13 Feb - 13 Mar
<b>Tuesday</b>	6.00pm - 8.30pm	8 weeks
NUT001TUE		13 Feb - 3 Apr
<b>Distance</b>		10 weeks
NUT001DL		13 Feb - 30 Apr

Nutrition For Adolescents		\$125
<b>Sunday</b>	10.00am - 4.00pm	Intensive
NUT019SUN		23-Apr
<b>Distance</b>		12 weeks
NUT019DL		13 Feb - 16 May

Psychology Of Food		\$125
<b>Saturday</b>	10.00am - 4.00pm	Workshop
NUT018SAT		4-Mar
<b>Distance</b>		Workshop
NUT018DL		13 Feb - 16 May

The Successful Wellness Coach		\$475
<b>Friday</b>	10.00am - 2.00pm	Intensive
WEL001FRI		24 Mar, 7, 21 Apr & 5 May
<b>Distance</b>		12 weeks
WEL001DL		13 Feb - 16 May

Wellness Coaching In Practice		\$475
<b>Friday</b>	10.00am - 2.00pm	Intensive
WEL002FRI		17 Feb, 3, 10 & 31 Mar
<b>Distance</b>		12 weeks
WEL002DL		13 Feb - 16 May